

LOUISBURG SCHOOL HEALTH GUIDELINES/ RECOMMENDATIONS

DISEASE	SYMPTOMS	MAY RETURN TO SCHOOL
Cold/Upper Respiratory Illness	Stuffy nose, sneezing, sore throat, mild to moderate cough	Depending on condition. Student must be rested and feel well enough to participate in school activities.
Influenza	High fever, chills, sore throat, headache, fatigue, cough, body aches	Depending on condition. Student must be rested and feel well enough to participate in school activities and no fever for 24 hours.
Strep infections: <ul style="list-style-type: none"> • Strep Throat • Scarlet Fever 	Fever, sore throat, white or yellow spots on back of throat, headache, stomachache.	24 hours after antibiotic treatment has begun. Student must be rested and feel well enough to participate in school activities.
Pinkeye (Conjunctivitis)	One or both eyes become red with yellow drainage and crusting, itching, burning.	24 hours after antibiotic treatment has begun. No eye drainage.
Fever with or without any other symptoms	Temperature above 100F orally or 99.0 Axillary	Fever free for 24 hours without the aid of medication.
Diarrhea	2 or more loose or watery stools	Diarrhea free for 24 hours without the aid of medication.
Vomiting	Ranges from sudden onset fever, abdominal pain, vomiting, cramps.	Free of vomiting for 24 hours.
Coxsackie Hand, Foot, Mouth	Usually starts with fever, then painful sores in mouth, then blisters on hands, feet and sometimes buttocks	Fever free for 24 hours without the aid of medication and no open lesions.
Fifth's Disease	Low grade fever, bright red rash especially on face and can also be on extremities, body aches and headache may occur also	After diagnosis, no exclusion necessary (most contagious a week before rash appears)
Ear Infection/Drainage	Often painful, tender, reddened ears or obvious drainage.	If infected, on antibiotics for 24 hours and free of drainage.
Impetigo	Small red bumps with golden drainage/crusting	24 hours after antibiotic treatment has begun. No crusting drainage.
Head lice	Intense itching of the scalp, eggs (nits) attached to hairs.	May return to school after treated with appropriate product and all nits removed. Child must be checked by

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		nurse prior to returning to class.
Chickenpox	Fever and fatigue followed by a rash. New spots will appear over a 2-4 day period	Exclude from school at least 5 days after pocks appear or until all become dry.
Ringworm	Flat red ring shaped rash that spreads	24 hours after anti-fungal treatment has begun
MRSA	Bacterial infection that can be found on the skin, in the bloodstream or urine.	If lesions can be covered then no exclusion, if lesions can not be covered, exclude until lesions have crusted over