

LOUISBURG SCHOOL HEALTH - ILLNESS GUIDELINES*

Students should return to school only when rested and well enough to participate in school activities.

No fever for at least 24 hours without the aid of medication.

No vomiting for at least 24 hours without the aid of medication.

No diarrhea for at least 24 hours without the aid of medication.

DISEASE/ILLNESS	SYMPTOMS	MAY RETURN TO SCHOOL
Cold/Upper Respiratory Illness	Stuffy nose, sneezing, sore throat, mild to moderate cough.	Depends on condition. Student must be rested and feel well enough to participate in school activities.
Influenza	High fever, chills, sore throat, headache, fatigue, cough, body aches.	Depends on condition. Student must be rested & feel well enough to participate in school activities. *KSDE recommends influenza cases in a school setting be isolated at home for five days following the onset of symptoms NOT the date of diagnosis.
Strep infections: • Strep Throat • Scarlet Fever	Fever, sore throat, white or yellow spots on back of throat, headache, stomachache.	24 hours after antibiotic treatment has begun. Student must be rested and feel well enough to participate in school activities.
Pinkeye (Conjunctivitis)	One or both eyes become red with yellow drainage and crusting, itching, burning.	24 hours after antibiotic treatment has begun. No eye drainage.
Fever with or without any other symptoms	Temperature above 100°F.	Fever free for 24 hours without the aid of medication.
Diarrhea	Two or more loose or watery stools	Diarrhea free for 24 hours without the aid of medication.
Vomiting	Ranges from sudden onset fever, abdominal pain, vomiting, cramps.	Free of vomiting for 24 hours without the aid of medication.
Coxsackie Hand, Foot, Mouth	Usually starts with fever, then painful sores in mouth, then blisters on hands, feet and sometimes buttocks.	Fever free for 24 hours without the aid of medication. No open lesions.
Fifth's Disease	Low grade fever, bright red rash especially on face and can also be on extremities; body aches and headache may also occur.	Exclusion due to symptoms (fever, etc.) only. Contagion risks end once rash appears.
Ear Infection/Drainage	Often painful, tender, reddened ears or obvious drainage.	If infected, on antibiotics for 24 hours and free of drainage.
Impetigo	Small red bumps with golden drainage/crusting	24 hours after antibiotic treatment has begun. No crusting drainage.
Head lice	Intense itching of the scalp, live lice or eggs (nits) attached to hairs.	Exclusion from school when live lice or numerous nits seen. May return to school after lice treatment. Requires extensive follow up treatment at home, lasting up to 3 weeks.
Chickenpox ☎ Reportable illness. Notification to health department is mandated by law.	Fever and fatigue followed by a rash. New spots will appear over a 2-4 day period.	Exclude from school at least 5 days after pox appear or until all become dry.

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Ringworm	Flat red ring shaped rash that spreads.	24 hours after anti-fungal treatment has begun.
MRSA	Bacterial infection that can be found on the skin, in the bloodstream or urine.	No exclusion if lesions can be covered; if lesions cannot be covered, exclude until lesions have crusted over.

* This is not a complete list; school nurse will follow acceptable standards for exclusion requirements for illness/disease not listed above. Departure from above standards may occur and will involve an assessment from the school nurse.